

## Allergy Ingredients in Cafeteria Food

Chick-Fil-A: sandwich- wheat, milk, egg, soy

nuggets- dairy, wheat, egg

100% refined peanut oil- okay for majority of peanut allergies.

Mac n cheese- milk, eggs, wheat, soy

Burrito Perrido: tortilla- wheat

Queso- milk

Salad dressing- honey, soy sauce

Domino's pizza: cheese pizza- milk, gluten      trace- eggs, soy, sesame seed and tree nuts

Pepperoni- milk, gluten      trace- eggs, soy, sesame seed and tree nuts

Angus Cheeseburger: Wheat, milk, soy, and may contain sesame seed

Corn dogs: wheat, soy, eggs, milk

Smucker's peanut butter and jelly: wheat, soy, and peanuts; May contain hazelnut/hazelnut products and milk.

### **Muffins**

Otis Wild Blueberry: eggs, soy, milk, wheat; made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).

OTIS Banana Nut muffin: walnut nuts, eggs, soy, milk, wheat; made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).

Otis Chocolate muffin: eggs, soy, milk, wheat; made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).

### **Crackers**

Lance Nekot: soy, milk, peanuts, wheat

Lance Toastchee: soy, milk, peanuts, wheat

### **Chips**

Ruffles cheddar and sour cream: milk

Doritos Nacho Cheese chips: milk

Veggie Ranch snacks: milk

Veggie Cheddar Cheese snacks: milk

Veggie Sea Salt snacks: none

Lays Potato Chips- soy

Lays BBQ Potato Chips- none

Cheez-it: wheat, milk, soy

Goldfish: wheat, milk

Chex Mix: wheat, soy

## **Condiments**

Mayo: soy, eggs

## **Sweets**

Sweet Summits vanilla and chocolate ice cream: milk; Processed with other allergens

Sweet Summits Vanilla Sandwich: Milk, soy, and wheat; processed with other allergens.

Dibs: milk, wheat, and soy; may contain eggs.

Oatmeal Crème Pie: trace peanuts and tree nuts; Soy, milk, eggs, wheat

Duchess sugar donuts: Wheat, milk, egg, soy, coconut

Pillsbury Chocolate Chip cookies- eggs, milk, soy, and wheat